



**CMHACY**

California Mental Health Advocates  
for Children and Youth

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# FORGING THE FUTURE

*Building Wellness for California's Children, Youth, and Families*

The 38th Annual CMHACY Conference

**MAY 16 – 18, 2018**

Youth & Family/Caregiver Pre-Conferences on Tuesday, May 15th  
at 2:00 pm through Wednesday, May 16th at 12:00 pm.

Education & Provider/Agency Pre-Conferences  
on Wednesday, May 16th at 8:30 am until 12:00 pm.

Conference on Wednesday, May 16th from 1:45 pm.  
until 12:00 pm on Friday, May 18th, 2018.

AT ASILOMAR CONFERENCE GROUNDS IN  
PACIFIC GROVE ON THE MONTEREY PENINSULA

**REGISTER FOR THE CONFERENCE AT [CMHACY.ORG](http://CMHACY.ORG)**



## Youth Pre-Conference

After registering in the back of Merrill Auditorium, the Youth Pre-Conference starts on Tues, May 15, at 2:00 pm in the meeting room “Heather”. More information will be on the website, CMHACY.org.

## Family and Caregiver Pre-Conference

Orientation starts at 2:00 on Tuesday, followed by a session on “Understanding Educational Rights”. There are two sessions Wednesday morning, “Parenting LGBTQ Youth” and “Self-Advocacy”.

## Education Pre-Conference

### Promoting Mental Health for All

There will be two sessions starting early Wednesday morning, Integrating Care and Collaborations, and Demonstration Programs for Integrating Services and Supports, led by Susan Barrett, Director of the Mid-Atlantic PBIS Network, and Kai LeMasson from MHSOAC

## Provider and Agency Pre-Conference

### Integration of State Initiatives at the Local Level

Statewide initiatives which directly relate to children’s mental health and child welfare services have recently been implemented at the local level, including the Katie A. Lawsuit, Continuum Care Reform and AB 1299 (Ridley-Thomas). Implementation has provided opportunities and challenges to county human service agencies and the general provider community which have traditionally served children and families. In addition to the opportunities and challenges, the successful strategies and lessons learned in the implementation of these initiatives by counties and providers will be highlighted.

### Substance Use Disorder Treatment Services for Youth

The California landscape of services designed to address the adverse impact of substance use disorders among youth is sparse at best, despite the fact that the onset of substance use related problems usually begin during adolescence. The Adult Use of Marijuana Act (Prop 64) became law on January 1, 2018 in the midst of the national opioid crisis. Despite the obvious challenges faced by communities in California, there are some rays of hope in a limited number of communities. A discussion of those services designed for youth with substance use problems and their families will be the centerpiece of this session.



# Conference

**WEDNESDAY, MAY 16 - 2 PM**

## **Establishing Nurturing Environments for ALL: Integrated Mental Health Within a Multi-tier System**

*Susan Barrett, Director, Mid-Atlantic PBIS Network*

A framework to integrate mental health and other community partners through school-wide systems and partnerships will be described, including structures and processes to expedite outcomes for youth and families. Progress/challenges experienced by integrated teams will be highlighted.

**WEDNESDAY, MAY 16 - 3:15 PM**

## **Youth Panel**

**WEDNESDAY, MAY 16 - 7:00 PM**

## **Keynote Address: Every Kid is One Caring Adult Away From Being a Success Story**

*Josh Shipp*

“Statistically, I am supposed to be dead, in jail, or homeless. At 14, I’d been kicked out of so many foster homes that it became a game to me. I acted out because I didn’t trust anyone, and I didn’t expect that to change any time soon. So, how come I didn’t end up yet another statistic? The Answer: One Caring Adult.” – Josh Shipp

Josh had a challenging childhood and bounced around in foster homes until a handful of caring adults reach out to him. He now strives to pass this knowledge on as an author (the national bestseller “The Teen’s Guide to World Domination”), as an acclaimed speaker, and through a documentary TV series that followed his ground-breaking work with teens.

See more at [joshshipp.com/one-caring-adult](http://joshshipp.com/one-caring-adult)

**THURSDAY, MAY 17 - 8:45 AM**

## **Trauma in the Very Young Child: Risk and Resiliency**

*Kiti Randall*

Kiti is a Pediatric Neurodevelopmental Psychologist with extensive experience with infants, children, and adolescents, specializing in infant and toddler high risk populations, developmental disability, trauma, and pre and postnatal substance exposure. She is author/director of the Trauma, Loss & Compassion (TLC) program; a bereavement support group for preschoolers in San Bernardino County Preschools, and has developed ‘Time-In’ strategies to assist schools in enhancing social/emotional development and learning.



## Three Sessions of Simultaneous Workshops

Full details at [CMHACY.org](http://CMHACY.org)

**THURSDAY, MAY 17 - 10:30 AM – NOON, 1:30 – 3:00 PM, 3:30 – 5 PM**

### **Using State and Local Data to Inform Advocacy Efforts**

*Susan Morris Wilson, Chair, California Behavioral Health Planning Council*

*Linda Dickerson, Research Analyst, California Behavioral Health Planning Council*

### **5% of Us Have Fetal Alcohol Damage - Do You Recognize Us?**

*Kathryn Page, President, FASD (Fetal Alcohol Spectrum Disorders) NorCal*

### **Where Privilege Meets Oppression: Using a Cultural Lens with the Child Welfare Population**

*Yadira Flores, Mental Health Supervisor for Coaching Unit, LA Co Dept of Mental Health, Child Welfare Division*

### **Underlying Needs: A Strengths/Needs-Based Crafting Service Approach**

*Maria Vargas, Mental Health Training Coordinator/Coach Developer, LA Co Dept of Mental Health—Child Welfare Division*

### **Implementing a Successful 0-5 Program: Engaging the ‘village’**

*Kiti Randall, Pediatric Neurodevelopmental Psychologist-Consultant; Desert/Mountain Children’s Center*

*Jenae Holtz, CEO – California Association of Health and Education Linked Professions*

### **Interactive Dialogue - The Journey Towards a Community-wide Continuum of IECMH Services Model**

*Jennifer Wheeler, Program Manager, First 5 San Diego*

*Pradeep Gidwani, Medical Director, Healthy Development Services, American Academy of Pediatrics, California*

### **More than a village: How taking a whole-school (plus outside agencies) approach benefits students’ educational success and creates a positive school culture**

*Stephanie Osowski, Spirit House Principal, Fallbrook Union High School*

### **Using Data for Action: Kidsdata**

*Lori Turk-Bicakci, Senior Manager, Data and Research, Lucile Packard Foundation for Children’s Health*



## **Cracking the Insurance Code**

*Beau Godtel, Senior Program Manager, Casa Pacifica Centers for Children & Families*

*Theresa Plante, Wraparound Program Manager, Casa Pacifica Centers for Children & Families*

*Lauren Lawson, Clinical Program Manager, Short Term Adolescent Residential Treatment (START)*

*Michael Couchman, Director of Outreach & Marketing, Casa Pacifica*

*Coordinated Protocols Across Systems for safe Schools and Communities*

*Jeneé Littrell, Administrator of Safe and Supportive Schools, San Mateo County Office of Education*

*Molly Henricks, Crisis Services Coordinator, San Mateo Co Behavioral Health & Recovery Services*

## **Combating Human Trafficking and Commercial Sexual Exploitation of Children through Prevention Education and Reintegration Programs**

*Ashlie Bryant, President and Co-founder, 3Strands Global Foundation*

## **Moving from “What If?” to “We Can!”: School Facilitated Wraparound as a Support For Students and Families**

*Michael Lombardo, Executive Director, Prevention Supports & Services, Placer County Office of Education*

*Kerri Fulton, PBIS Program Coordinator, Placer County Office of Education*

## **The Value and Inner Workings of the Transitional Age Youth Peer Support Training**

*Stephen Morales, Senior TAY Peer Support Specialist, Riverside University Health System - Behavioral Health*

*Maria Arnold, Senior Parent Partner/TAY Peer, Stepping Stones, TAY Resource & Support Center*

## **Better Together: How Monterey County Behavioral Health and Monterey County Office of Education Support the Mental Health and Wellness of Children, Youth and Families through Effective School-Based Interagency Collaboration and Partnership**

*Kacey Rodenbush, Behavioral Health Services Manager, Educ Team, Monterey Co Ofc of Education*

*Esther Rubio, School Climate Program Coordinator, Monterey County Office of Education*

*Reba Morga, PBIS Coordinator, Salinas Union High School District*

*Vicky Law, Executive Director, Partners for Peace*

*Aaron Wood, Behavior Intervention Coordinator, Monterey Peninsula Unified School District*

*Brian Hayes, School Principal, Salinas City Elementary School District*

*Kenyon Hopkins, Executive Director, Monterey County SELPA*



## **A Parents & Youths Fishbowl: Exploring Needs and Strengths Together**

*Representatives from two MHSOAC grantees: No Stigma, No Barriers (TAY), and Parents and Caregivers for Wellness.*

## **Access and Barriers to Care for College Students**

*Aisa Villarosa, Associate Attorney, Young Minds Advocacy*

*Susan Page, TAY Board Member, San Francisco Mental Health Board*

*Jesse Conradi, Law Fellow, East Bay Children's Law Office*

## **Supporting the Transition of LA Youth out of Foster Care: Implementation and Evaluation Strategies of an Individualized Transition Skills Program**

*Vera Stiefler Johnson, Research Associate, Children's Institute, Inc.*

*Jacqueline Atkins, Regional Vice President, Service Planning Area 8*

## **Universal Community-based Mental and Physical Health Services**

*Tracy Piper, Director Student Support Services, Hemet Unified School District*

*Sheri Parker, Coordinator of Clinical Services, Hemet Unified School District*

## **Transdisciplinary Assessment Program for 3 to 6 year-olds and their Caregivers.**

*Jane Johnson, Exec Director, Child Haven Inc.*

*Danielle Canales, CARE Clinic Program Coordinator*

*Tonya Nowakowski, Assistant Director, Solano County Health and Social Services*

*Megan Richards, Deputy Director, First 5 Solano*

*Dorothy Rothenbaum, Assistant Director, Solano County SELPA*

## **Katie A: Five Years In – How Are We Doing?**

*Patrick Gardner, President, Young Minds Advocacy, former Katie A v. Bonta co-counsel*

*Kim Lewis, Managing Attorney, National Health Law Program, former Katie A co-counsel*

## **Collaboration for Change to Meet the Needs of our Homeless Youth**

*Brenda Dowdy, Homeless Education Project Manager, San Bernardino Co Superintendent of Schools*

*James Ramos, Third District Supervisor, San Bernardino Co Board of Supervisors,*

*Molly Wiltshire, Chief of Staff, San Bernardino Co Board of Supervisors*

*Andre Bossieux, Transitional Age Youth Program Manager II, San Bernardino Co Department of Behavioral Health*



## **Suicide Prevention**

*Ashley Mills, Sr Researcher, Mental Health Services Oversight and Accountability Commission*  
*Brian Sala, Deputy Director for Evaluation and Program Operations, MHSOAC*

## **Effective Teaming with Youth and Families to Identify Needs and Strengths**

*John S. Lyons, Chapin Hall at the University of Chicago, Praed Foundation*  
*April D. Fernando, Chapin Hall at the University of Chicago, Praed Foundation*

## **TAY Crisis: The Discovery of Recovery**

*Jeni Malara, Administrator, Valley Star Behavioral Health*  
*Landon Sharp, Clinical Director, Valley Star Behavioral Health*  
*Shauna Chisholm, Clinical Supervisor, Valley Star Behavioral Health*

## **First 5 Innovations in Early Childhood Services for Children with Social Emotional Vulnerabilities**

*Deb Turner, Administrator, Help Me Grow, First 5 Alameda*  
*Wanda Davis, Early Intervention Program Officer, First 5 Contra Costa*  
*Jennifer Travis, Program Coordinator, Help Me Grow Yolo*  
*Petra Puls, Executive Director, First 5 Ventura*

## **Inclusive Practices in School-Based Mental Health; School and Community Based Partnerships**

*Elizabeth Engelken, Assistant Superintendent, Sutter City SELPA*  
*Wakita Wilson, Psychological Services Specialist, Yuba County Unified School District*  
*Pang Vang, School-Based Mental Health Clinician*  
*Kelly Lawrence, Clinical Aide*

## **What Can We Do? Interventions to Help Children with Early Developmental Risks of Prenatal Substance Exposure, Neglect, and Trauma**

*Jeff Rowe, Supervising Psychiatrist, Behavioral Health Services, Juvenile Forensic Services, County of San Diego Health & Human Services Agency*

## **Attuning to Trauma as an Approach to Recovery**

*Alan Vietze, Program and Community Development Consultant, Seneca Family of Agencies*

## **New Funding for Youth Services – Prop 64 Update**

*Dave Neilsen, Senior Mental Health Policy Advocate, California Alliance of Child and Family Services*

## **Human Tracking of School Aged Children**

*Jeneé Littrell, Administrator of Safe and Supportive Schools, San Mateo County Office of Education*

*Molly Henricks, Crisis Services Coordinator, San Mateo County Behavioral Health & Recovery Services*

## **Mobilizing Communities to Eliminate Inequities in the Juvenile Justice System**

*Tracy Benson, Sam Mellerson, the Community Justice Network for Youth of the W. Burns Institute*

## **Building A 'New Age' Youth Continuum of Services in Substance Use**

*Facilitator – Calla Peltier-Olson, Youth Organizer, Humboldt County Transition Age Youth Collaboration (HCTAYC), Transition Age Youth Division, Department of Health and Human Services, County of Humboldt, California*

## **Impact of recent bills on Children, Families, Service Providers**

*Carroll Schroeder, Executive Director, California Alliance of Child and Family Services*

## **Parent Engagement**

*Carmen Diaz, Family Advocate Coordinator, LA County Dept of Mental Health*

**THURSDAY, MAY 17 - 5:10 – 5:30 PM**

**CMHACY Business Meeting. All are invited. There will be a vote on propose by-law changes – Merrill Auditorium**

**FRIDAY, MAY 18 - 8:30 AM – 11:30 AM**

**The Annual Legislative and Policy Update Panel and Call to Action**

**For information regarding Conference Registration, Lodging at Asilomar, and Continuing Education, please visit [CMHACY.org](http://CMHACY.org)**

