



(LISTED IN ALPHABETICAL ORDER BY WORKSHOP TITLE)

30-75% of Our Kids in Foster Care Have Fetal Alcohol Spectrum Disorder—Learn to Recognize & Support Them & Their Caregivers **Session B: 1:30PM - 3:00PM**

Presenter: Kathryn Page, Parent and FASD Consultant

Description: 30-75% of foster children have Fetal Alcohol Spectrum Disorders, usually misdiagnosed as ADHD, Bipolar, or other conditions. Unrecognized and mistreated FASD causes unnecessary chaos, disruption and tragedy. Learn the signs of this condition and best practices to help parents (with or without FASD) and children achieve the best possible outcome.

Activating Community Supports to Empower Undocumented Persons **Session A: 10:30AM - 12:00PM**

Presented By: Star View Community Services (Stars Behavioral Health Group)

Presenters: Reginald Alfon, LMFT, Center Director

Lesley Castaneda, LMFT, FSP Supervisor

Description: Undocumented persons in our communities can have limited understanding of the supports available to them. Star View Community Services works in conjunction with the Intensive Supervision Appearance Program to provide that support and bridge to community resources. Learn community empowerment strategies to aid this population.

Building a Toolkit – Completing Quality ERMHS Assessments, Reports, Goal Development & Outcome Data Tracking **Session A: 10:30AM - 12:00PM**

Presented By: Tehama County SELPA

Presenter: Veronica Coates, Executive Director

Description: Since the passage of AB 114, education has assumed responsibility of school-based mental health. A toolkit will be provided: Templates and examples of how to build a quality school-based mental health assessment and report from start to finish, appropriate student-centered goals, and practical and innovative ways to track outcome data.

Building a Trauma-Informed Positive School Culture: Efforts To Keep All Kids In School & Thriving

Session C: 3:30PM - 5:00PM

Presented By: Albert Powell High School, YCUSD, and L.A. County Human Relations Commission

Presenters: Jennifer Cates, Continuation School Principal, Albert Powell High School
Terri Villa-McDowell, Sr. Human Relations Consultant, L.A. County Human Relations Commission

Description: The best school is a safe school- physically, mentally and socially. To create a "safe school", you must have a positive school culture that is focused on relationships first. Creating a trauma-informed aware environment where all adults are fully invested in the school culture is key. This is not program- this is a systematic, targeted and intentional approach to building a positive school culture at your site.

This workshop will review how student mental health and wellbeing have been impacted by post-presidential election hate incidents/civic discourse challenges in K-12 schools nationally, and California specifically. It will highlight current efforts in California's education systems, and the community to confront the increase in hate incidents/bullying as a result of post-presidential election language and policies that have increased hate incidents/bullying.

Building Relationships, Promoting Wellness & Accessing Services for Families of Infants with Special Needs

Session B: 1:30PM - 3:00PM

Presented By: Sutter County Infant Program, SELPA

Presenters: Ivona Mikesell, Infant Program Coordinator
Wendy Lawson, Early Intervention Teacher

Description: Development of emotional capacity, ability to regulate and express emotions, form close and secure interpersonal relationships as well as explore and master the environment begins at birth. Infants early experiences effect how they experience the world as adults, make decisions and cope with challenges. Participants will learn about how an Infant Program service model has resulted in promoting infant mental health as well as building relationships and wellness within the family.

California's Continuum of Care Reform: Developing Self-Correcting Systems of Care

Session A: 10:30AM - 12:00PM

Presented By: Presenters will include state, county and provider representation to ensure a realistic and transparent discussion regarding the successes, opportunities and challenges in meeting the vision of CCR.

Presenters: Sara Elizabeth Rogers, Chief, Continuum of Care Reform Branch—California Department of Social Services

Description: The Continuum of Care Reform envisions new models of integrated care that can better support children and families at risk of requiring, or transitioning from, residential care. Successful implementation requires extensive collaboration between counties, providers, and the state in order to ensure youth and their caregivers have individualized, timely, and specialized resources and support needed to address the unique needs of children and adolescents.

This presentation will detail the mechanisms and requirements of CCR as they are intended to support needed systematic and child-specific collaborative planning, including a detailed explanation of the intended role of state, county and provider partners in fulfilling regulatory and funding requirements, supporting system planning and service design, and the cultural and practice changes reflected in both the CCR vision and integrated core practice model.

CCR, CFT's & a Collective Partnership Program in San Diego County

Session B: 1:30PM - 3:00PM

Presented By: Fred Finch Youth Center, CWS, Probation and Behavioral Health Services

Presenter: Laura McClarin Program Manager

Description: Review mandates of CCR, Katie A v Bonta lawsuit and Core Practice Model principles. Relate these areas to the FFYC CFT Meeting Facilitation Program which is a joint partnership between BHS, CWS and Probation in SD County. Learn about the structure of the program as well as the overall meeting agenda of a CFT. Identify tools and methods for increasing family engagement and furthering family voice and choice through the CFT meeting process.

Collaboratively Meeting the Behavioral Health Needs of Juvenile Justice-Involved Youth & Families

Session C: 3:30PM - 5:00PM

Presented By: Boys Republic

Presenters: Maria Austin, LMFT, Psy.D, Clinical Director

Karyn Jones, ACSW, Clinician

JeanPaulo Gonzalez, ACSW, Clinician

Description: This workshop will discuss and engage participants in dialogue from the perspectives of probation/juvenile justice, mental health providers, and youth/families receiving services amidst STRTP implementation. Participants will leave with practical tools or strategies for behavioral health providers to work collaboratively with Probation partners amidst CCR, with the intended purpose of improving outcomes for youth/families.

Compassion Fatigue and Self-Care; Time to Take Care of You!

Session C: 3:30PM - 5:00PM

Presented By: Parents and Caregivers for Wellness (PC4W)

Presenters: Laura Stillmunkes, Executive Director, Capital Adoptive Families Alliance

Cindy Claffin, Program Manager, Mental Health America – Northern California

Description: Compassion Fatigue is very common in parents, caregivers and professional that care for those with special needs. In this training we will define Compassion Fatigue and discuss its effects. The last half of the training will be devoted to self-care and avoiding Compassion Fatigue.

Confused, Scared & Alone: How to Perform Outreach to Our Most Vulnerable Populations

Session A: 10:30AM - 12:00PM

Presented By: *Stars Behavioral Health Services IHOT (In Home Outreach Team) Services*

Presenters: Catherine Keech, TAYS / IHOT Program Supervisor

Beth Hermosillo, Lead Clinician

Susanna Tovera, Family Advocate,

Axel Bulutoglu, Transition Facilitator

Monider DeMars, Transition Facilitator

Description: Each member of The Stars Behavioral Health's In House Outreach Team (IHOT) will talk about their experiences and techniques used to engage clients who are often homeless, dealing with untreated mental illness and potentially involved in substance abuse. Each member of the team has unique skills often derived from lived experience and specific training that help them to find and gain the trust of those who are needing help but afraid to accept services. The team acts as a bridge to gain the trust of those who are unconnected, alone and afraid and then connect them with treatment providers who will follow to the individual and link them to long term services that will assist the young adult with housing, immigration support, medication, medical supports, case management and mental health.

Continuum of Care is More Than Welfare Reform: Trauma Informed Systems in Schools & Agencies

Session C: 3:30PM - 5:00PM

Presented By: Integrated Human Services Group

Presenters: Richard Knecht, Integrated Human Services Group

Ken Epstein, Ph.d, LCSW, Integrated Human Services Group

Creating Environments for Student & Staff Wellness

Session B: 1:30PM - 3:30PM

Presented By: Placer County Office of Education

Presenter: Michael Lombardo, Executive Director

Description: The National TA Center on PBIS defines PBIS as “a framework or approach for assisting school personnel in adopting and organizing evidence-based behavioral interventions into an integrated continuum that enhances academic and social behavior outcomes for all students.” This presentation from the California PBIS Coalition will outline the key elements of this approach, key features of Tier I PBIS, and review PBIS fidelity and outcome data systems. The PBIS practices of defining, teaching, reinforcing, and responding will be reviewed. Examples and systems tools will be provided. Participants will also learn how they can access local support for implementing PBIS at their District and School.

Developing Your Child’s Special Education Services from Birth through Adolescence

Session A: 10:30AM - 12:00PM

Presented By: Parents and Caregivers for Wellness (PC4W)

Presenters: Brandy Baggett, Mental Health America, Northern California

Ivona Mikesell, 0-5 Special Coordinator, Sutter County Infant Program

Kathleen Elia, Speech Language Pathologist, Sutter County Infant Program

Description: Parents are equal members of the IEP team. In fact, parents are listed first on the list of required members of a student’s IEP team. Parents have intimate knowledge of their child’s strengths, needs and development, which is valuable to the IEP team. This workshop will assist parents in understanding the eligibility, rights, regulations and times lines for special education services and the IEP process from birth through adolescence. The workshop will also discuss how strengthening the bond and trust of the IEP team members will result in children getting their educational needs met.

Effective Child & Family Teaming for Children age 0-5

Session A: 10:30AM - 12:00PM

Presented By: UC Davis Continuing and Professional Education and the Resource Center for Family Focused Practice

Presenter: Colleen Paul, Public Education Specialist

Description: Better understanding of Child Development and the impact of early childhood trauma, along with broader collaboration with early childhood services professionals, can improve the Child and Family Team process and outcomes for children age zero to five and their families in the Child Welfare System.

Functional Family Therapy—Keeping Model Fidelity During Changing Times

Session A: 10:30AM - 12:00PM

Presented By: Stanford Youth Solutions

Presenters: Tonya Bauhofer, JJCP Program Director

Elise Sampson, JJCP Clinical Program Manager

Jerone Morgan, FFT Site Supervisor

Description: Stanford Youth Solutions' Juvenile Justice and Crime Prevention Program is in partnership with Sacramento County Probation to provide Functional Family Therapy to youth from mild to severe offenses. Our program has shown good outcomes for youth and families in reducing recidivism rates and improving overall positive community involvement.

Harm Reduction & Commercially Sexually Exploited Youth

Session B: 1:30PM - 3:00PM

Presented By: California Department of Social Services

Presenters: Kelley Hartman, Analyst

Ashley Bray, Manager

Description: The harm reduction approach is a recognized as promising practice for engaging commercially sexually exploited youth. The framework acknowledges the youth's agency and centers that youth in decision making. It recognizes lasting change is not immediate, nor consistent, and returning to exploitive situations is part of the recovery process.

Help Me Grow/KidConnections Network: Building & Sustaining A System of Care for Young Children & Families in Santa Clara County

Session C: 3:30PM - 5:00PM

Presented By: FIRST 5 Santa Clara County & Santa Clara County Behavioral Health Services Department

Presenters: Thanh Do, Deputy Chief of Health Wellness and Learning
Keith Morales, Deputy Chief of Family Strengthening and Support
Wendi Mahaney-Gurahoo, Deputy Chief of Early Learning
Crystal Nava, Developmental and Behavioral Health Director
Jennifer Pham, Interim Senior Early Childhood Mental Health Program Manager

Description: FIRST 5 Santa Clara County and Behavioral Health Services Department co-invest in the Help Me Grow/KidConnections Network, which includes a call center, common assessment tools, and evidence-based home visiting and therapeutic services. KidConnections is a rigorously evaluated, sustainable system of care for children, birth through age 5, and their families.

Improving Care for Children Experiencing Homelessness

Session C: 3:30PM - 5:00PM

Presented By: UC Davis Mustard Seed School
Brandi Hawk, Ph.D., Clinical Program Manager
Casey Knittel, Mustard Seed School Director

Description: Children experiencing homelessness are among the most vulnerable in our community. This workshop describes how one transitional school serves as a safe place for children until a permanent public school is found, and how a trauma-informed treatment model for promoting mental health has been incorporated within this school's programming.

Meeting Them Where They Are At: Using Telemedicine to Provide Crisis Support & Suicide Prevention

Session B: 1:30PM - 3:00PM

Presented By: Operation SafeHouse
Presenter: Danielle Gross, MA, LMFT, Clinical Director

Description: This workshop will focus on effective strategies to providing crisis support and suicide prevention, via text messaging, to the TAY population. How can you build rapport over text? How can you provide effective crisis intervention when all you have is a few minutes?

Attendees will learn how to provide a high level of care to texters during their most vulnerable times.

NAMI On Campus High School Clubs

Session A: 10:30AM - 12:00PM

Presented By: NAMI CA and over 30 active high schools involved in California

Presenters: Zuleima Flores-Abid, Program's Manager
Serena Durand, Family Program Coordinator

Description: National Alliance on Mental Illness-California (NAMI-CA) will discuss the statewide effort titled "NAMI On Campus High School Clubs" (NCHS) to support and empower high schools students and school staff around mental health awareness and stigma reduction. NAMI On Campus High School Clubs (NCHS) are student-led groups on high school campuses, where students can talk openly about mental health and wellness, learn ways to support friends or family members who have a mental illness, and educate others on campus about mental health and wellness.

No Stigma No Barriers: A Transition Aged Youth (TAY) Board to End Stigma

Session C: 3:30PM - 5:00PM

Presented By: California Youth Connection (CYC) No Stigma No Barriers (NSNB) Board

Presenter: No Stigma No Barriers Board Member

Description: Participants will learn how NSNB supports a youth led process that encourages leadership development and community building. We will discuss how the narrative surrounding mental health impacts transition aged youth and identify ways to encourage conversation and education about mental health and wellness.

Overcoming Obstacles: Supporting TAY Experiencing Early Psychosis in Rural Counties

Session A: 10:30AM - 12:00PM

Presented By: Felton Institute: (re)MIND Monterey County

Presenters: Anna Ballas, LMFT, Program Manager
Amanda Downing, (re)MIND Supported Employment and Education Manager
Shannon Strom, MHRS, Case Manager

Description: Meeting the recovery goals of TAY can be difficult when navigating wellness needs and resources in a rural area. We have developed and implemented replicable tools and

strategies to help young people overcome internal and external challenges to progress toward their goals.

Parent Partner Training Academy: Developing a Parent Partner Certification Program in Los Angeles County

Session B: 1:30PM - 3:00PM

Presented By: Los Angeles County Department of Mental Health USC University Center for Excellence in Developmental Disabilities (UCEDD and Children's Hospital Los Angeles, Seedling Consulting Group

Presenters: Mike Alba, Project Lead
Fatima Baldizon, Parent Advocate/Master Trainer
Carmen Diaz, Parent Advocate/Master Trainer
Fran Goldfarb, Program Developer/Training Lead
Marcia Taborga, Evaluator

Description: In 2016, the Los Angeles County Department of Mental Health launched the Parent Partner Training Academy (PPTA) to establish local professional standards and support for parent partners by developing a certification from the Los Angeles County Department of Mental Health. This presentation will discuss the PPTA program.

Pathways to Change: Developing a Community-Based, Child-Centered, & Culturally Competent System of Care Model for the Native Community in Sacramento

Session B: 1:30PM - 3:00PM

Presented By: Sacramento Native American Health Center

Presenters: Dayna Barrios, Program Manager
Jeanine Gaines, Communications Manager
Sandra Molina Aguilar, Parent Peer Support Specialist
Serena Wright, Program Evaluator

Description: Sacramento Native American Health Center received the Circles of Care planning grant through the Substance Abuse and Mental Health Services Administration. This grant provided us the tools needed to design a community based, holistic system of care to support mental health and wellness for Native American children, youth, and families.

Preventing & Responding to Threats of Suicide and Self-Harm in an Educationally Related Setting

Session C: 3:30PM - 5:00PM

Presented By: El Dorado County Office of Education—Charter SELPA

Presenters: Lauren Bechtol, Program Specialist
Jen Parker, Program Specialist

Description: Suicide is the second leading cause of death among the ages of 15-29. Nearly 10% of High School students report at least one suicide attempt in the past year. This presentation will support participants in responding to threats and assessing risk to determine next steps to maintain student safety.

Sharing Confidential Health Information for Court Dependent Youth

Session B: 1:30PM - 3:00PM

Presented By: East Bay Children’s Law Offices, Alameda County Office of the County Counsel, and Alameda County Behavioral Health

Presenters: Jessie Conradi Slafter, Mental Health Attorney & Social Worker
Miruni Soosaipillai, Senior Deputy County Counsel
Juan Taizan, JJ/CFS Health Services Director

Description: This training will provide a brief overview of the laws pertaining to children’s consent to treatment, authorization to release records, and obtaining consent for psychotropic medication when treating youth in the foster care system. It will highlight the protocol established in Alameda County, including roles and responsibilities of key stakeholders, as an example of how to increase behavioral health service delivery for this population of youth.

Sharing Lived Experience vs. Telling Our Story: Effective Training & Support for Exploited Youth Peer Providers

Session B: 1:30PM - 3:00PM

Presented By: Riverside University Health System - Behavioral Health

Presenters: Ashley Hansen, Senior Peer Support Specialist
Joshua Korhely, Senior Peer Support Specialist

Description: Training Transitional Aged Youth Consumers in Peer Support Leadership has grown in Riverside County to include the need to train young people who have been commercially

exploited, to become professional Peer Support Specialists. The discoveries made while training these new youth providers have created a higher level of trauma-informed training and care that every training outlet should know, before conducting a class with individuals who self-identify as being commercially exploited.

Supporting Caregivers from an Attachment Perspective

Session C: 3:30PM - 5:00PM

Presented By: Behavioral Health and Recovery Services, County of San Mateo

Presenter: Cindy Donis, Mental Health Program Specialist, NMT Program

Description: This session focuses primarily on engaging and supporting parents of young children using the lens of attachment to support caregivers' unique developmental needs. The training will focus on aspects of attachment theory and how to adapt it when providing services to caregivers.

Supporting Transgender/Non-Binary Youth & Their Families

Session A: 10:30AM - 12:00PM

Presented By: TransFamily Support Services PFLAG- Parents, Families and Friends of LGBTQ+ community

Presenter: Kathie Moehlig, Executive Director

Description: Led by one of the country's leading authorities on supporting transgender/non-binary youth and their, this session will give you the tools and resources you need to more deeply understand issues around gender, and use this knowledge to support and empower our youth. Leave with powerful, practical strategies that work.

System of Care Leadership: *Creative Solutions to Emerging Challenges in Residential Care*

Session B: 1:30PM - 3:00PM

Presented By: Integrated Human Services Group

Presenter: Gregory Glazzard, Probation Division Manager, Juvenile Division, Monterey County Probation

Janine Moore, Deputy Director, Children's and Transition Age Youth Programs, Riverside University Health System – Behavioral Health

Christine Huber, MSW, Assistant Director Adult, Child & Family Services Division Stanislaus County Community Services Agency

STRTP/FFA lead

Steve Elson, Chief Executive Officer, Casa Pacifica

System of Care Leadership: *Putting the “I” in Integrated Core Practice Model Implementation*

Session A: 10:30AM - 12:00PM

Presented By: Integrated Human Services Group

Presenter: Robert Byrd, Psy.D., LA County Department of Mental Health

Kym Renner, Deputy Director, Admin. Support, LA County DCFS

Marisela Cabral-Centeno, LCSW, Program Manager, Children and Family Services, Ventura County

Gabriela Aguila, LMFT

BH Manager, Ventura County

Nancy Satterwhite, LCSW

County Consultant Manager, Academy for Professional Excellence

The Power of Innovation and Collaboration: Juvenile Justice

Session C: 3:30PM - 5:00PM

Presented By: River Oak Center for Children Sacramento County Department of Health Services: Division of Behavioral Health Sacramento County Juvenile Probation

Presenters: Sherry Daftari, Clinical Program Manager

Pam Hassen, Senior mental Health Clinician

Porsche Killian, Youth Advocate

Ken Silva, Probation Supervisor

Description: The Juvenile Justice Diversion and Treatment Program is a Mental Health Services Act (MHSA) funded program. MHSA was enacted by the voters out of a millionaire tax in 2004 and implementation began in our county in 2005 to plan for program implantation of these dollars. In 2008 Sacramento County was awarded some additional Community Services and Supports (CSS) dollars that made it possible for us to plan a full-service partnership for this population. This session will review the history and evolution of the collaboration between Juvenile Justice, Behavioral Health and a Community based organization in Sacramento County. The session will include a review of the Center for Juvenile Justice Reform's report on the evolution of juvenile justice reform over the past 5 decades. and will review some of the research on evidenced based practices. Session will provide an overview of the JJTDP Program components and unique and creative service delivery system. This includes the unique roles and the importance of collaboration and youth and family voice.

Ties That Bind: Strengthening Families Regardless of Payer

Session B: 1:30PM - 3:00PM

Presented By: Casa Pacifica

Presenters: Beau Godtel, Program Manager In-home Behavioral Health

Katie Pfeiffer, Intake and Utilization Manager, Casa Pacifica

Elizabeth Burke, Casa Pacifica

Description: Family engagement begins with advocacy. Helping families understand and obtain access to the level of care needed, regardless of payer, for their children to grow into happy and healthy adults. Hear from an innovative team at Casa Pacifica about developing relationships across payer sources and diverse family systems.

Understanding Our LGBTQ+ Youth

Session A: 1:30PM - 3:00PM

Presented By: Penny Lane Centers

Presenter: Summer Gomez, Embracing Identities Project Coordinator

Description: As the LGBTQ+ community gains visibility, many people find that they have questions about sexual orientation and gender identity. This presentation seeks to familiarize participants with the different components of sexual orientation and gender identity. A number of terms used within the LGBTQ+ community will be presented and explored. By introducing these concepts, we hope to increase support for and self-esteem of LGBTQ+ youth.

What's Next (Train the Facilitator)

Session A: 10:30AM - 12:00PM

Presented By: United Parents, Parents & Caregivers for Wellness OAC Grant

Presenter: Donna Ewing Marto, Parent, Southern California Ambassador For United Parents

Description: Train participants to facilitate an individualized planning process with families/youth in their community. The self-created plan of action assists families/self to address an issue(s) that may arise with an MH DX or other issues facing the family/individual.

When Harmless Becomes Harmful: What Parents and Caregivers Need to Know About Bullies and Bullying

Session B: 1:30PM - 3:00PM

Presented By: Parents and Caregivers for Wellness (PC4W)

Presenters: Lori Litel, Executive Director, United Parents, PC4W
Melissa Hannah, OAC Grant Coordinator, United Parents, PC4W
Dayna Freier, Program Director, California Alliance of Caregivers

Description: This workshop teaches parents and caregivers how to recognize a bully and bullying tactics, and what is cyberbullying and cyber lingo. Parents will learn how to teach their children to be safe when they are not with them. Presenters will provide parents with safety tips and a better understanding of their rights under California Law.

When Harmless Becomes Harmful: What Professionals Need to Know About Bullying

Session C: 3:30PM - 5:00PM

Presented By: Parents and Caregivers for Wellness (PC4W)

Presenters: Lori Litel, Executive Director, United Parents, PC4W
Melissa Hannah, OAC Grant Coordinator, United Parents, PC4W
Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

Description: This workshop provides mental health professionals with beneficial anti-bullying resources to share with clients. Participants will learn how to help their families protect their children and where to direct them when bullying becomes an issue.

Where Does Education Fit in Effective Child Welfare Practices: San Bernardino County CFS Educational Program

Session A: 10:30AM - 12:00PM

Presented By: San Bernardino County, Children and Family Services

Presenters: Maria T. Gomez, Educational Liaison
Trini Hernandez, Educational Liaison

Description: San Bernardino County Children and Family Services has a successful educational support program that allows educational professionals to collaborate with educators, social workers, caregivers and youth to assist with their educational future. Learn about education and foster youth, roles and functions of this position, and the outcomes of the program.

Wraparound Services & Adult Youth: Implementing Services for Youth 18 & Older

Session A: 3:30PM - 5:00PM

Presented By: Casa Pacifica

Presenters: Brittany Nelson, Wraparound Program Manager

Polly Huffer, Lead Parent Partner

Jasmine Garcia, Tay Youth & Wraparound Graduate

Description: Providing Wraparound services to youth 18+. Discussing/exploring unique aspects of collaboration with 18+ youth and their community partners. Helping family members accept the youth's 18+ status and their role supporting the youth. Maintaining engagement with adult youth. Defining the roles of all Wraparound team members in the treatment process.

Youth Voice in Action

Session C: 3:30PM - 5:00PM

Presented By: Youth Advocate Program (Collaboration of WestCoast Children's Clinic and Alameda County Department of Children & Family Services)

Presenters: Maria Contreras, Youth Advocate/Former Foster Youth

Laura Rodriguez, Youth Advocate/Former Foster Youth,

Leonard Wysinger, Youth Advocate/Currently in Foster Care

Description: This workshop will teach participants about The Youth Advocate Program (YAP). YAP is a fellowship program for current and former system involved youth, which aims to improve services, experiences and outcomes for youth in foster care by including the voice and perspective of current and former foster and probation youth.