Confused, Scared, and Alone: How to Perform Outreach to Our Most Vulnerable Populations

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WHAT IS IHOT?

IHOT provides outreach and engagement services to Transitional Age Youth (TAY) with serious mental health issues who are reluctant to receiving mental health services.
What comes to mind when you think of Transitional Aged Youth (18-25 years of age) ?

What Makes TAY Unique?
ROLE OF THE PREFRONTAL CORTEX

- Coordinating and adjusting complex behavior
- Focusing and organizing attention
- Impulse control
- Complex planning
- Decision making
What are TAY needs?
What are TAY needs?
Where can you find TAY?
Building Rapport
Engagement
Food
Games
Physical Activity
Art
Safety
Home Visits
Clothing
De-escalation
Barriers to Engagement
Community Resources
Remember to Make Time for You!
And......

Thanks So Much!