

WORKSHOP SESSION D

8 WORKSHOP SESSIONS

THURSDAY JUNE 25, 2020

3:30 - 4:30 PM

BUILDING YOUR FAMILY'S CRISIS TOOLBOX- PART B [LIVE]

PRESENTED BY:

- [California Alliance of Caregivers](#)
- [Parents & Caregivers for Wellness \(PC4W\)](#)

PRESENTERS:

- Dayna Freier, Program Director, [California Alliance of Caregivers](#)

ABOUT THE WORKSHOP:

This training offers an opportunity to create an individualized crisis plan specific to the parenting styles and needs of your family, identify the de-escalation techniques that will work for your family system, and highlights the importance of the post-crisis recovery period to build resilience and strengthen relationships.

FLAWLESS FACILITATION

PRESENTED BY:

- [Fred Finch Family Services](#)

PRESENTERS:

- Laura McClarin LMFT, Senior Director, [Fred Finch Family Services](#)

ABOUT THE WORKSHOP:

In this dynamic and informative workshop, participants will learn and practice tools and strategies for effective facilitation. These techniques can be applied to a variety of meeting modalities: CFT meetings, Wrap meetings, Staff meetings, trainings, etc. The workshop will also cover challenges to implementation and include considerations for working remotely and using telehealth given COVID-19. Attendees will obtain firsthand knowledge and skills for how to facilitate meetings more effectively.

PUSHING THE LIMITS: TRAUMA RESPONSE & COMMUNITY RECOVERY LESSONS FROM THE CAMP FIRE

PRESENTED BY:

- [Butte County SELPA](#)
- [Butte County Office of Education](#)

PRESENTERS:

- Aaron Benton, Director, [Butte County SELPA](#)
- Matthew Reddam, School and Community Wellness Advisor, [Butte County Office of Education](#)

ABOUT THE WORKSHOP:

Nothing truly prepares you to respond to wildfire disasters like the Camp Fire that raged in Paradise in 2018. The experience will shake you and it will humble you, but it may also tap into your best instincts, skills, and leadership strengths. Presenters for this session will share practical tips, effective strategies, and protocols to better prepare attendees to lead recovery efforts after crisis or natural disaster.

STRENGTHENING PROFESSIONAL BOUNDARIES [LIVE]

PRESENTED BY:

- [East Bay Children's Law Offices, Inc.](#)
- [Parents & Caregivers for Wellness \(PC4W\)](#)

PRESENTERS:

- Jessie Slafter, [East Bay Children's Law Offices, Inc.](#)

ABOUT THE WORKSHOP:

Burnout and compassion fatigue are commonplace for families and professionals that are supporting children with trauma and mental illness. Strengthening boundaries and prevent burnout. We will examine our boundaries, the beliefs that underlie them, and develop strategies to improve them.

SUCCESSFUL IMPLEMENTATION OF A YOUTH CENTER MODEL

PRESENTED BY:

- Riverside University Health System - Behavioral Health

PRESENTERS:

- Shannon McCleerey-Hooper, Program Manager Peer & Family Support Services, Riverside University Health System - Behavioral Health

ABOUT THE WORKSHOP:

This workshop is an overview of lessons learned in planning, developing and implementing a TAY Drop-in Center Model in Riverside County. We will discuss the challenges faced by Peers who are charged to plan programming and execute an MHSa Innovations Program model, when the administration structure has not "caught up" with the intentions of a MHSa grant-supported Discovery-Recovery Voice & Choice model. We will explore solutions to common challenges TAY Peers face when moving from consumer to provider in a public behavioral health service agency.

TRANSFORMING CARE THROUGH REFLECTIVE PRACTICE SUPERVISION

PRESENTED BY:

- Monterey County Behavioral Health

PRESENTERS:

- Relindis Lorie Diaz, LMFT, IFECMH RPF, Behavioral Health Service Manager, Monterey County Behavioral Health
- Hope Griffin-Ortiz, LCSW, IFECMH RPF, Behavior Health Unit Supervisor, Monterey County Behavioral Health

ABOUT THE WORKSHOP:

By nature, we can only truly know our own perspectives. They have been honed over time by what we have been taught and what we have experienced. They live in our thoughts and feelings. When our perspectives are aligned with another's perspectives we move forward together. When they do not align, we experience a stirring of emotions that can make us react rather than respond or dictate rather than collaborate. Reflective Practice Supervision has multiple components that this workshop will touch on, but perhaps the greatest gift of Reflective Practice Supervision on transforming care is in the unpacking of perspective and giving privilege to broader possibilities for consumer, service provider and system.

UNDERSTANDING CHILDHOOD ADVERSITY: SCREENING FOR EARLY CHILDHOOD TRAUMA AS AN ESSENTIAL FEATURE FOR PROGRAM ENGAGEMENT

PRESENTED BY:

- [Rady Children's Hospital-San Diego](#)

PRESENTERS:

- Meghan Lukasik, Ph.D., [Rady Children's Hospital San Diego](#)

ABOUT THE WORKSHOP:

Attention to Adverse Childhood Experiences (ACEs), which are linked to a range of harmful outcomes in both childhood and adulthood, is on the rise. As such, how to both effectively screen for ACEs, via a trauma-informed lens, and subsequently use the information are critical to the dialogue. This presentation will share a screening process for ACEs, which includes program elements that should be in place prior to a screening, how treatment plans may be adapted, and how knowledge of parent ACEs provides a way to facilitate program engagement to promote the best opportunities for improving children's behavioral health.

YOUTH ADVOCACY DRIVING COMMUNITY CHANGE THROUGH COMMUNITY MOBILIZATION

PRESENTED BY:

- [Social Advocates for Youth \(SAY\)](#)

PRESENTERS:

- Mary Baum, Senior Program Director, [Social Advocates for Youth](#)
- Claudia Ciarmoli, Program Manager, [Social Advocates for Youth](#)
- Rocio Hernandez, Community Organizer, [Social Advocates for Youth](#)

ABOUT THE WORKSHOP:

Youth advocacy driving community change through community mobilization to raise awareness of the emerging trends in substance use and misuse with the goal to improve the quality of life in local communities through cross-system collaboration between youth, parents, local government, media and community groups.