**Poster Sessions**

**Wednesday evening at the Wine and Cheese Reception**

**Strengths Predicting General Life Functioning, Emotional and Behavioral Functioning, and School Functioning**

Deanna Stammer, Research Assistant II, Uplift Family Services

This study examines ten individual strengths of children in predicting general life functioning, emotional and behavioral functioning, and school functioning in children and adolescents at admission into a receiving mental health agency in California. This study utilizes the Child and Adolescent Needs and Strengths (CANS) (Lyons, 2009) to measure the independent and dependent variables

# Data Visualization Project at Uplift Family Services

Catherine Aspiras, Associate Director, Outcomes & Evaluations, Uplift Family Services

Uplift Family Services has adopted data visualization techniques to improve accessibility and usability of outcomes across the Agency. The vision is to create up-to-date and comprehensive Agency wide data at finger-tips. Since 2015, Outcomes and Evaluations (O&E) team has worked to design and create Tableau© dashboards. The current poster will highlight and discuss resource optimization, data organization, challenges faced, and cost-effectiveness of using a data visualization tool. The presenter will showcase live and interactive versions of the dashboards at the poster session

**Accessing Mental Health Therapy at Larkin Street Youth Services**

Nicole Meredith, Manager of Behavioral Health, Larkin Street Youth Services

The purpose of this poster session is to engage and share information regarding the process of how homeless and at-risk youth access mental health services at Larkin Street Youth Services. In survival mode, young people have to make hard choices about what they must prioritize first.

According to the National Alliance on Mental Illness, 20 % of youth ages 13-18 live with a mental health condition. Half of all chronic mental illness begins by age 14; three-quarters by age 24. Despite effective treatment, there are long delays—sometimes decades—between the first appearance of symptoms and when people get help. Living on the street is a tragedy for anyone to endure especially for young people who are particularly vulnerable to predators and exploitation. Larkin Street Youth Services offers a safe space for clients to have their basic needs met in addition to free mental health therapy services, Harm Reduction and HIV preventive support. This poster presentation describes how clients are determined as eligible for services, the importance of transparent communication and collaboration with referring Case Managers and invitation of client for intake and assessment.

**Early Multi-Tiered Systems of Support”: a model for working with early learners and their families to address children’s behavioral health issues**

Catherine Goins, Assistant Superintendent Early Childhood Education, Placer County Office of Education

This poster session will explore prevention and intervention models for young children in a variety of early learning settings and illustrate resources and strategies for working with parents.

**The Maternal Postpartum Depression Screening, Assessment, and Treatment Program at Family Health Centers of San Diego**

Claudia Gastélum, Program Director for Healthy Development Services Program, Family Health Centers of San Diego

Maternal postpartum depression is known to negatively impact infants as many depressed mothers lack face and voice animation that is critical for infant development. I will display the program components for mother/infant care and the multi-level systems change needed within the organization to accomplish this best practice relational model

**Social Stories to Assist Children in Foster Care**

Shannon McIntosh, Foster Youth Services Program Liaison, Santa Clara County Office of Education Foster Youth Services Coordinating Program

Susan Larkin, Inclusion Collaborative Warm Line Specialist, Santa Clara County Office of Education Inclusion Collaborative

What is a social story?  How does it help children process a change in school or custodial placement to promote “School Placement Stability”?  We will describe evidenced-based materials used with young children in foster placement to help them understand, prepare for, and have the control to understand changes to their routine, environment and the adults taking care of them.  Come learn how to write a short story from the perspective of a child that uses pictures to convey ideas to explain a new routine, and supports both pro-social behavior and emotional literacy.  These evidence-based materials were created by the Santa Clara County Office of Education Inclusion Collaborative, as part of the California Center on the Social and Emotional Foundations in Early Learning (CA CSEFEL)Teaching Pyramid, and is aligned with the California Department of Education’s Preschool Curriculum Framework and Early Childhood Educator Competencies.  The Inclusion Collaborative works with school districts nationwide and services for children in foster placement are aligned to district LCAPs.

**Improving Access to Adoption Competent Behavioral Health Professionals**

Gail Johnson Vaughan, permanency advocate and consultant, former Executive Director & Chief Permanency Officer of Families NOW, sponsor of AB 1790 to improve access to adoption competent mental health professionals.

Without the support of clinicians with specialized clinical adoption training and experience, children adopted from foster care are at unnecessary risk for disruption from their adoptive or guardianship families. This poster session addresses the need and the practical tools and strategies to remove barriers to the availability of, and access to, adoption competent mental health providers

**Suicide Prevention**

Rosio Pedroso, Consultant, Pedro Consulting

Know the Signs is a statewide suicide prevention campaign built on three key messages: Know the Signs. Find the Words and Reach Out. This poster session will address how to recognize warning signs of suicide, find the words to have a direct conversation with someone you care about, and where to find professional help and resources.

**Empowering Families One Skill at a Time**

Dan Thorne, CEO, PRAXES

Family stress is an unmet need and not addressed within many practices. This poster session illustrates the PRAXES parenting empowerment model with its new companion model for children and youth. These strategies help improve family stress, increase positive behavior, and develop family cohesion.