

# 2023 CMHACY Pre-Conference

## Providers & Counties



### Part I: Ensuring our Future: An Overview of the Children & Youth Behavioral Health Initiative

The CYBHI is one of the most substantial investments in children and youth ever. The goal of the five-year initiative is to reimagine mental health and emotional well-being for ALL children, youth, and families in California by delivering equitable, appropriate, timely and accessible behavioral health services and supports.

Presenters will provide an overview of the initiative and its proposed outcomes covering each of 13 workstreams and the impact on the broader system of behavioral health. The discussion will highlight how the CYBHI creates a foundation for development of services for children and youth with unmet complex needs.

### Part II: Development of Enhanced Care Programs

The Enhanced Care Programs (ECP) presentation will focus on programs for youth with unmet complex needs utilizing one of two service models – Enhanced Short-Term Residential Therapeutic Programs (E-STRTPs, also known as “STRTPs of 1”) or Enhanced Intensive Services Foster Care (E ISFCs, also known as “Enhanced ISFCs” or “ISFC Plus”).

ECPs are an alternative to group residential treatment through care, treatment and services provided in an individually-tailored, intensive, structured setting. The presentation will emphasize the goal of ECPs to stabilize youth, develop clarity about youth treatment needs, create and/or support permanency plans and help youth transition to less-intensive services and traditional placements, ideally with family or other natural supports. ECPs use a no reject, no eject approach to serve the highest need and most vulnerable youth in California. How ECPs are funded will also be discussed.

This interactive panel of provider, county, and state representatives will provide an opportunity to learn from stakeholders who have worked to uplift these models and share success stories as well as potential challenges for implementation.

Get the latest updates on the massive investments in system change for children & youth and learn about creative new models for supporting youth with unmet complex needs.

## Featured Speakers



Elizabeth Estes  
Founder  
Breaking Barriers CA

Melissa Stafford-Jones  
Director  
CA CYBHI



Christine Stoner-Mertz  
CEO  
CACFS

Alex Volpe  
Program Manager  
Catalyst Center



Rhonda Young, LCSW  
Lead Program Analyst  
Catalyst Center

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## CMHACY

California Mental Health Advocates  
for Children and Youth

### About the session

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Dispute prevention has never been more important than in our current time and context. Educators, families, and any professional in the our respective agencies play a central role in the alternative dispute prevention continuum. Systems are changing within communities, schools, families, and partner agencies. This presentation will provide insight into navigating education disputes at the earliest levels. Through education and interactive engagement, this session will explore the continuum of alternative, dispute prevention, and mediation processes both within and outside the IEP process. The presenters will dive into trauma impacts at the systems level, acknowledging that we are experiencing not only families in crisis but staff and educational systems impacted by trauma effects.

Participants will have the opportunity to engage with each other in dialogue as well as discover their own conflict style and how it relates to our work of preventing disputes across our systems with a focus on inclusion and empathy in our systems at risk for high conflict.

### Featured Speakers

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**Veronica Coates**  
Assistant Superintendent,  
Tehama County SELPA



**Elizabeth Engelken**  
Executive Director,  
Sonoma County SELPA

**Aubrie Fulk**  
Director of Family, Student, and District  
Support; Tehama County SELPA



## 2023 CMHACY Pre-Conference

# Parents & Caregivers



## About the session

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Parent Café is a vehicle for promoting the 5 Protective Factors. A study was done by The Center for the Study of Social Policy that determined there are five protective factors “that have been shown to make positive outcomes more likely for young children and their families, and to reduce the likelihood of child abuse and neglect.” (Protective Factors Framework - Center for the Study of Social Policy (cssp.org)). These 5 Protective Factors were featured and discussed at the CMHACY Parent Pre-Conference in 2022.

### 5 Protective Factors

**Parental resilience:** *Managing stress and functioning well when faced with challenges, adversity and trauma*

**Social connections:** *Positive relationships that provide emotional, informational, instrumental and spiritual support*

**Knowledge of parenting and child development:** *Understanding child development and parenting strategies that support physical, cognitive, language, social and emotional development*

**Concrete support in times of need:** *Access to concrete support and services that address a family’s needs and help minimize stress caused by challenges*

**Social and emotional competence of children:** *Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships*

## Featured Speakers

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SHELLEY LOPEZ



SILVIA GUZMAN

