



CMHACY

California Mental Health Advocates
for Children and Youth



“DEEP DIVES”

May 15, 1pm – 4pm

Take advantage of one of three opportunities for extended discussions about what's going on in California affecting System of Care stakeholders.

County/Provider “Deep Dive”

PRESENTERS:

Sara Smith, Assistant Superintendent
Tehama County Department of Education

Chris Stoner-Mertz, CEO
California Alliance of Child & Family Services

Sara Rogers, Chief, Systems of Care Branch
California Department of Social Services

Marni Sandoval, Deputy Director
Monterey County Behavioral Health

New Services, New rates: Will It Lead to New Opportunities?

Every sector in the Children's System of Care is launching new rate structures to support new/expanded services – mostly impacting Behavioral Health services and supports. In some cases, these funding initiatives undergird additional opportunities and enhance existing efforts to improve access to cutting edge interventions. In other cases, new rates may be insufficient to capitalize on the promise of more access, enhanced interventions and better outcomes.

Come to the “deep dive” into what moves the needle in wellness for children and youth. Hear from experts who oversee funding opportunities and from providers who use funds to deliver services in children's mental health, social services, and education.

Our **PANEL OF EXPERTS** (see adjacent table) will interact with each other and discuss opportunities for braided funding or for leveraging each other's funding streams. There will be time for Q & A and suggestions from the audience. Plan to attend!

Parents & Caregivers “Deep Dive”

Featured Presenters:

Angela James (she/her)
LeAna Powell (she/her)
Silvia Guzman (she/her)
Tanya McCullom (she/her)
Victoria Angel (she/her)

Please join the CMHACY Parents & Caregivers Deep Dive Session (formerly known as a Pre-conference) and experience dynamic and inclusive conversations with other parents in a Parent Café. We will be discussing the changing times and the impact it is having on everyone's mental health. How do we stay resilient and help our children to be the same? This and many other questions will be discussed in a relaxed café setting. Your voice will be heard as we all learn from each other and support each other in building our Protective Factors.

Youth Focused “Deep Dive”

Featured Presenters:

Jessie Bucci (she/her) - Bring Change to Mind
Marjess Germono (she/her) - Bring Change to Mind
Susan Morris Wilson (she/her) - CA Behavioral Health Planning Council

And special guests:

Bring Change to Mind High School Student Panelists

Let's Start Talking About It

Parents and youth know what they need and want. Our job is to provide guidance and support to help both the youth and their parents be heard, by each other and by others. It is hard to distinguish the difference between the words “listening” and “hearing”. But “hearing” is what we need to do if we are going to implement programs that meet the needs of youth: we need to do it “with them” and not “to them”. Susan Morris Wilson will spend some time laying the groundwork for effective communication and how we can use communication to meet the needs of our diverse youth population.

Bring Change to Mind (BC2M) will then focus on the importance of the peer-led model and provide an overview of their high-school aged program. BC2M is working to end the stigma surrounding mental illness, by starting conversations at the high school level through our peer-led mental health clubs. You won't want to miss this session, as there will be a youth panel consisting of students from across California. These youth members will discuss the importance of giving youth a voice in the mental health conversation, and will also touch on ways in which adults can connect with students in regards to mental health. Be prepared to listen and learn from the true experts, the students!

